ABSTRACT OF THE DISCLOSURE

A tongue cleaner apparatus having a elongate body with a gripping area at one end thereof and a tablet receiving area adjacent an opposite end thereof, a cleaning edge formed at the opposite end of the elongate body, and a tablet affixed within the tablet receiving area of the elongate body. The tablet has a plurality of protrusions or a plurality of indentations on a surface of the tablet. The protrusions or indentations extend from the surface of the tablet that contacts the tongue. The tablet increases the abrasiveness and surface area of contact on the tongue.